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Awareness Programme on Mental Health and Drug Abuse Held at Panbazar H.S. School, Guwahati



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On 28th August 2025, Panbazar Higher Secondary School in Guwahati hosted an impactful Awareness Programme focused on mental health and drug abuse among teenage children. The event saw active participation from 60 students of Classes VI to XII, 11 school teachers, and a delegation of 15 Rotarians, demonstrating strong community collaboration.

The session was led by expert resource persons Mr. Birendra Kr. Boxla and Mr. Richard Johnson Claridge from Snehalaya and Sita Centre, who addressed critical issues such as mental health challenges, peer pressure, and substance abuse dangers. They emphasized the importance of early intervention, open dialogue, and robust community support to help young individuals cope and make healthier life decisions.

RCG President Mr. Manoj K. Das highlighted the growing drug menace among youth in Assam and across India, warning about the public health crisis posed by easy alcohol availability if left unchecked. The programme concluded with an engaging interactive session where students shared their thoughts and posed questions. Teachers and Rotarians applauded the initiative, underlining the necessity of early awareness to protect future generations from addiction and mental health issues.

This event marked a significant step toward fostering a healthy, informed, and responsible youth community, with Rotary and partner organizations pledging ongoing support for such vital causes.



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