

## Health checkup concludes at Guwahati Press Club



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A health check up camp at Guwahati Press Club on Sunday (April 5) for Diabetes & Hypertension shows that larger number of media persons in the city maintained good health. Organized in association with Saraighat Hospital Pvt Ltd, Kahilipara, the camp witnessed the participation of nearly hundred young journalists.

Dr Mriganka Talukdar, who conducted the camp, later however revealed that over 10 % of the participating journalists were vulnerable to ailments related to over weights. He advised the journalists to have regular nutritious food as well as physical activities and to avoid unnecessary stress.

He was assisted in the camp by Deven Talukdar, Lina Manish and Bidohini Chanu of Saraighat Hospital with Tanmoy Lala and Partha Dey of Novo Nordisk India Pvt Ltd.

## Report and Pix by Dhruvajyoti Das

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**[editor](#)**

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