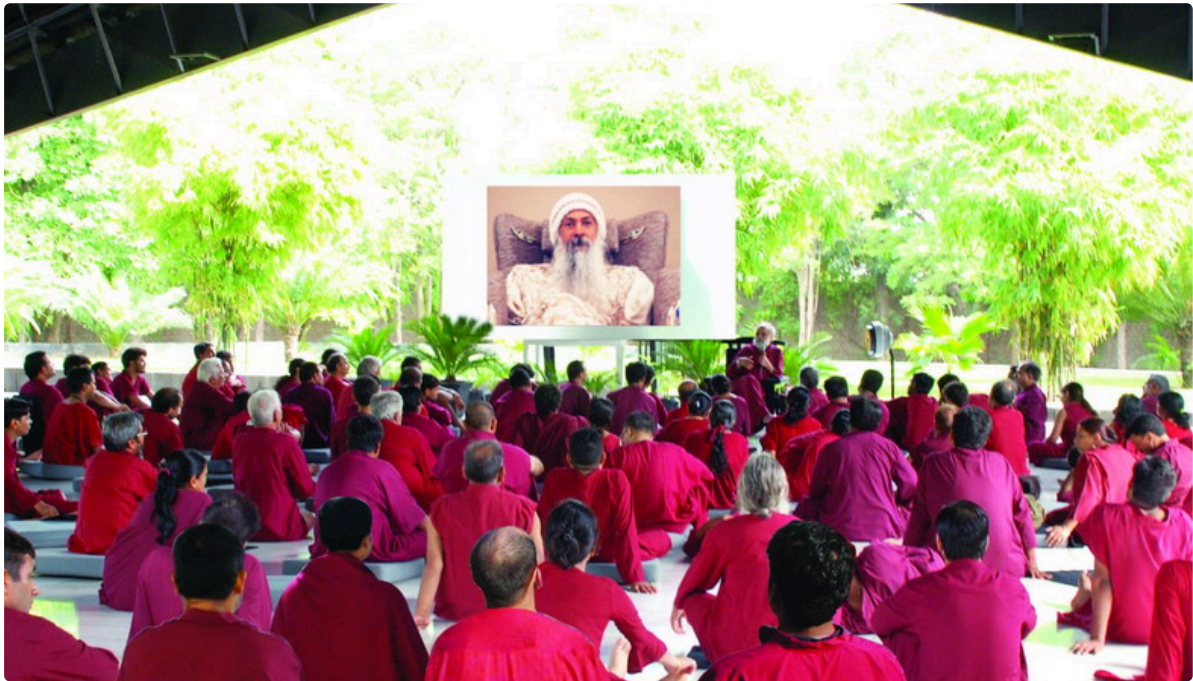


Osho Meditation Camp in Guwahati



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Ma Prem Naina 28 March 2015 Updated 30 Mar 26281 views

Swami Chaitanya Keerti of Osho World Foundation, [New Delhi](#), will facilitate a 3-day Osho meditation camp in Guwahati in the last week of April. This Tantra Prana Dhyana Yoga Shivar will take place at Sankardev Kalakshetra, Panjabari from 24th to 26th April.

It will be organised by Osho friends in Guwahati: Swami Prem Kirti 9435825542, Amulya [Narzary](#) 9864148024, and Ravi Batra 9435010985.

Swami Chaitanya Keerti will be introducing this therapeutic method of breathing based on Osho vision: “Breath is the bridge between matter and no-matter, between the form and the formless. And much depends on the breath, how you breathe, what the quality of your prana is. It is through breathing that you will enter into the innermost core of your existence. Hence in Yoga, in Tantra, in [Tao](#) — in all these three great systems and sciences of human consciousness and the expansion of human consciousness — breathing is one of the key phenomena. Tantra says, change your system of breathing; observe your own breathing and your moods, and you will become aware. Tantra developed many techniques of changing the rhythm of breath. It has used many, many breathing rhythms as secret keys. And when you can watch your breath for forty-eight minutes as a continuum, you will become enlightened. To attain those forty-eight minutes may take years, but it need not be postponed for another life, it can happen in this life. It all depends on your intensity”.

Besides this, the participants will be practicing other powerful methods, such as Dynamic, Kundalini, Nadabrahma, NeoVipassana and No-Mind devised for the modern man by the enlightened master Osho. There will be sharing sessions of question-answer and evening satsangs concluding with celebration. The new seekers will be initiated into Osho Neo-Sannyas.

About Swami Chaitanya Keerti

Swami Chaitanya Keerti took initiation into Osho's Neo-Sannyas in 1971. Since then he has devoted his time in spreading Osho's message in India and abroad. He functioned as the spokesperson for Osho Commune International, Pune for 20 years and currently he is associated with Osho World Foundation, [New Delhi](#). He is the editor of monthly magazine Osho World published from [New Delhi](#). Earlier, He was the editor-publisher of Osho Times International and Osho books. He is also the author of books: The Osho Way: In Romance With Life, Osho Fragrance and The Alchemy of Zen. He regularly contributes articles on meditation and other subjects to several newspapers and magazines. He travels extensively to conduct meditation retreats in different parts of the country and abroad.

Ma Prem Naina

Ma Prem Naina born in Jorhat, Assam, was initiated into Sannyas in 2003 at Oshodham, New Delhi. She is an MBA and also holds a Master's degree in Mass Communication. Deeply inspired by the love and dedication of the founder of the Osho World Foundation in Delhi, Swami Om Prakash Saraswati, she left her career as a producer/journalist to join in Osho's caravanserai. She presently heads the publications and media relations at Osho World Foundation, New Delhi.
www.oshoworld.com

BY MA PREM NAINA

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