

Assam Times

assamtimes.org

SOCIETY

Yoga Day observed by Army in Hattigarh Military Station



[Robertson Tanti](#) · 21:10, 21 Jun 2017 | Updated 20:23, 22 Jun 2017 · 6982 views · 1 min read



The Yoga day was observed in the entire district of Udalguri (/taxonomy/term/113) at various places. The Army personnel of 421 Field Regiment, Hattigarh (/taxonomy/term/2511) Military Station located at the foothills of Indo Bhutan border along with others celebrated (/taxonomy/term/2092) 3rd International Yoga Day on June 21 at the station campus with great enthusiasm and zeal. The Yoga Day was celebrated (/taxonomy/term/2092) in collaboration with civilians. The aim of celebrating Yoga (/taxonomy/term/1729) Day among civilians was to promote a healthy and peaceful mind. Brigade Commander, Anup Singhal in his short speech said that, “To obtain a healthy body and attain a peaceful mind every men should meditate and do yoga (/taxonomy/term/1729).” A hundreds of civilians comprising man, woman and children attended the yoga (/taxonomy/term/1729) sessions at campus which started at 5 a.m. in the morning.



Robertson Tanti

Borengajuli Tea Estate Dimakuchi, Udalguri, Assam

Original URL: <https://assamtimes.org/article/yoga-day-observed-by-army-in-hattigarh-military-station-19297> |
Published: 21 June 2017 | © 2026 Assam Times